



neighborcare health

Midwifery Services

Neighborcare Health's certified nurse midwives care for pregnant women and their families to create a birth experience that safely aligns with what the woman wants and needs.

What is a Certified Nurse Midwife?

A Neighborcare Health Certified Nurse Midwife (CNM) is a highly trained medical professional. A CNM provides holistic prenatal, delivery and postpartum care. She is a nurse practitioner who has gone through advanced training to care for women across the life span, including low-risk pregnancies.

What does a midwife do?

Certified nurse midwives specialize in providing gynecological, pregnancy, childbirth and postpartum care for women. We strive to reduce Cesarean-section rates, traumatic deliveries and unneeded medical intervention. We also connect patients with community resources, and help them understand their health care options.

Where will I have my baby?

Our patients choose to deliver their babies at Swedish First Hill Birth Center. The Birth Center offers patients supportive care in a comfortable environment—every room has a Jacuzzi tub, birthing ball, squatting bar and music system. Several times a year, our midwives host an open house on site. Women and their partners can meet the entire group and tour the Birth Center. **Check Neighborcare Health's website, neighborcare.org, for dates and more information about the open houses.**



Meet our midwives

We each have a home clinic where we regularly see women for their prenatal appointments. We all take turns being “on call”—which means that any of us may be the one to care for you in labor. A midwife will be at the hospital for your whole labor, attend the birth and visit you daily until you go home.

- Jessica Burke-Lazarus, ARNP, CNM
- Nicola Erbeck, ARNP, CNM
- Yvonne Griffin, ARNP, CNM
- Anna Kaczorowski, ARNP, CNM
- Lesley Howard Kennedy, ARNP, CNM
- Judy Lazarus, ARNP, CNM
- Mary Mittell, ARNP, CNM
- Domenica Rice, ARNP, CNM
- Sky Rogers, ARNP, CNM
- Jenny Rose Wilson, ARNP, CNM



Midwifery care locations

Midwifery care is available at the following Neighborcare Health locations. Just call for an appointment.

1. Neighborcare Health at 45th Street

1629 North 45th
Seattle, WA 98103
206-633-3350

2. Neighborcare Health at Columbia City

4400 37th Avenue South
Seattle, WA 98118
206-461-6957

3. Neighborcare Health at Lake City

12721 30th Ave NE, Suite 101
Seattle, WA 98125
206-417-0326

4. Neighborcare Health at High Point

6020 35th Avenue SW
Seattle, WA 98126
206-461-6950

5. Neighborcare Health at Meridian

10521 Meridian Ave N
Seattle, WA 98133
206-296-4990

6. Neighborcare Health at Rainier Beach

9245 Rainier Avenue South
Seattle, WA 98118
206-722-8444

