



## Neighborcare Health – You are Welcome Here

### All are welcome at Neighborcare Health!

#### To our patients —

At Neighborcare Health, we believe that healing begins with respect, caring and trust. We want you to know that our clinics will continue to be a safe place for health care for all of our patients. We remain committed to providing everyone a health care home, regardless of race, religion, sexual orientation, gender identity, insurance status or immigration status.

Sincerely,

Neighborcare Health Staff,  
Volunteers and Board

### ¡Todos son bienvenidos a Neighborcare Health!

#### A nuestros pacientes —

En Neighborcare Health, creemos que la recuperación comienza con respeto, afecto y confianza. Queremos que sepa que nuestras clínicas seguirán siendo un lugar seguro para la atención médica de todos nuestros pacientes. Mantenemos nuestro compromiso de proporcionarles a todos un hogar de cuidados de salud, independientemente de su raza, religión, orientación sexual, identidad de género, estado de su seguro o situación migratoria.

Atentamente,

Personal, Voluntarios y Junta Directiva  
de Neighborcare Health

### Tất cả mọi người đều được chào đón tại Neighborcare Health!

#### Kính gửi Các Quý Bệnh nhân Của Chúng tôi —

Tại Neighborcare Health, chúng tôi tin rằng việc chữa bệnh bắt đầu bằng sự tôn trọng, quan tâm và tin tưởng. Chúng tôi muốn quý vị biết rằng các phòng khám của chúng tôi sẽ tiếp tục là một địa chỉ an toàn cho việc chăm sóc sức khỏe của tất cả các bệnh nhân của chúng tôi. Chúng tôi cam kết cung cấp cho tất cả mọi người một ngôi nhà chăm sóc sức khỏe, không phân biệt chủng tộc, tôn giáo, định hướng tình dục, giới tính, tình trạng bảo hiểm, hoặc tình trạng di trú.

Trân trọng,

Nhân viên, Tình nguyện viên và Ban  
Giám đốc Neighborcare Health

### Dhamaantin waxaad kusoo dhawataan Neighborcare Health!

#### Ku Socda bukaanadayada —

Neighborcare Health, waxa aanu rumaysanahay in bogsashadu ka bilaabanto ixtiraamka, daryeel iyo kalsooni. Waxaan rabnaa in aad ogaato in xaruntaa caafimaadku sii wadi doonaan in ay noqdaan meel ammaan ah oo daryeel caafimaad u leh dhamaan bukaanka NeighborCare Health Waxaa kago'an inay siiyaan qof kasta daryeelka caafimaad oo guriga ah, iyadoo aan lagu midabsocayn, jinsiyad, diin, nooca galmada, aqoonsiga jinsiga, xaaladda caymiska, ama xaaladda socdaalka.

Si daacadnimo leh,

Shaqaalaha Neighborcare Health,  
Mutadawiciinta iyo Gudiga Agaasimayaasha

For nearly 50 years, Neighborcare Health has been providing quality health care to our community. We have always been a place where every person feels safe, welcome and wanted. To assure our patients that we stand with them and will continue to provide a safe place for all patients to receive health care, we put a letter to our patients in four languages in a handout and on a poster for each of our sites. You can see the poster on the left-hand side of this page.

In addition, Neighborcare Health has joined the Northwest Immigrant and Refugee Health Coalition and added Neighborcare Health's name to a statement in support of upholding human rights for our immigrant and refugee neighbors. We are joining a large group of health and social service providers who support the health and well-being of refugees, asylees, and immigrants in Washington state.

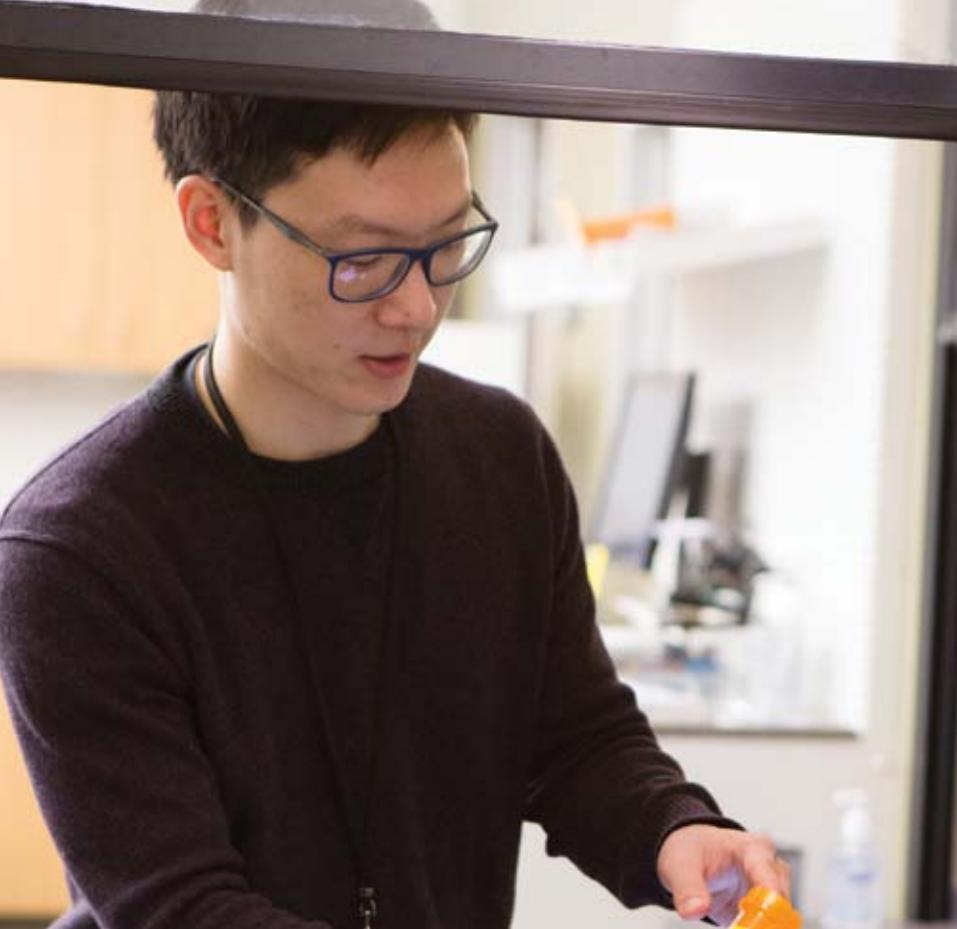
#### Here is the statement:

"We support the United States' long history of welcoming refugees, immigrants, and those seeking asylum. We are dedicated to uphold the human rights of these individuals, families, and communities.

We call our whole community to come together to stand alongside our neighbors who possess real fear of discrimination and loss of individual safety. We are committed to never be silent in the face of religious persecution, racism, and personal acts of aggression."

#### NWIRHC Mission

The mission of the NWIRHC (Northwest Immigrant and Refugee Health Coalition) is founded with the goal of promoting health equity for refugees, asylees and immigrants. We recognize that to meet this goal we must address the social determinants of health, and that the health of a population depends on access to security from all forms of violence and harassment, access to opportunities to gain economic independence, access to health care, and access to education. The NWIRHC works to support immigrants in the Western Washington community to thrive and realize these ideals.



# The Opioid Crisis

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Fatal overdoses linked to heroin surged by 58% in King County last year. Neighborcare Health is stepping in to address this crisis.

In March 2016, Neighborcare Health received an award from the federal Health Resource Service Administration to implement a substance abuse intervention involving Medication Assisted Treatment (MAT). Neighborcare Health's award of \$325,000 per year will support expanding an existing MAT Suboxone pilot to all 8 primary care sites across Seattle.

To support this program, Neighborcare Health will expand the integration of behavioral health and substance use disorder services into primary care. We will also add master's level clinicians certified in SBIRT (Screening, Brief Intervention, and Referral to Treatment) to identify patients in need of substance use disorder treatment, and support patients entering MAT.

Fatal overdoses linked to heroin surged by 58% in King County last year, fueling the steepest rise in local drug-caused deaths in 17 years. Methamphetamine-related deaths also rose 59%. Nationally, drug overdose deaths have more than doubled in the last 14 years.

Brief screenings, like SBIRT, within the primary care setting have proven to be an effective first-line intervention for this target population, and the University of Washington's Alcohol and Drug Abuse Institute reports that Medication Assisted Treatment "can be a lifesaving and cost-saving intervention for those with opioid use disorder."

Through this model we will provide increased screening, intervention and treatment across the substance use continuum, ranging from early hazardous/at-risk use to addiction. The model is projected to provide screening for 30,000 individuals annually, and will roll out over a two-year project period at these sites:

Neighborcare Health at 45th Street (Wallingford)  
Neighborcare Health at Lake City (Lake City)  
Neighborcare Health at Meridian (Northgate)  
Neighborcare Health at High Point (West Seattle)

Neighborcare Health at Pike Place (Downtown)  
Neighborcare Health at Rainier Beach (SE Seattle)  
Neighborcare Health at Columbia City (SE Seattle)

# Why I Work at Neighborcare Health

- Lee Hicks



Lee is originally from Oak Park, Illinois, a suburb of Chicago, and received her undergraduate degree from the University of Wisconsin-Madison in international relations and Spanish. When she graduated, she moved to Mozambique as a Peace Corps volunteer. While there, Lee oversaw a HIV peer education program designed as a partnership between Columbia University and the Mozambique Ministry of Health to reduce the incidence of HIV. She has worked extensively with a variety of marginalized communities to invest in making culturally competent health care more accessible.

After completing her time in the Peace Corps, Lee returned to the U.S. to attend graduate school at the University of Washington's Community-Oriented Public Health Practice (COPHP) program. She received her Masters in Public Health (MPH) in 2016. Before joining Neighborcare Health she worked at Public Health- Seattle & King County where she worked with individuals at risk of contracting HIV and Hepatitis C.



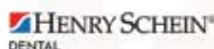
## Spring Dinner

*There has never been a more pivotal year to protect access to health care.*

Please join us in standing up for our patients and our community at Neighborcare Health's Spring Dinner on Wednesday **April 26th**, at a new venue - Fisher Pavilion.

Tickets can be reserved online at [www.neighborcare.org](http://www.neighborcare.org), or by calling 206.548.3251.

*Thank you to our sponsors!*



Washington Dental Service Foundation  
 Pacifica Law Group  
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## Neighbors | Spring 2017

45th Street  
Bailey Gatzert Elementary  
Ballard Homeless Clinic at Nyer  
Urness House  
Boren  
Central District  
Chief Sealth International High School  
Columbia City  
Dearborn Park International School  
Denny International Middle School  
Georgetown  
High Point  
Highland Park Elementary  
Homeless Youth Clinic at 45th Street  
Lake City  
Madison Middle School  
McDermott Place  
Mercer Middle School  
Meridian  
Pacific Tower  
Pike Place Market  
Rainier Beach  
Roosevelt high School  
Roxhill Elementary  
St. Vincent de Paul – Aurora  
Van Asselt Elementary  
Vashon  
West Seattle Elementary  
West Seattle High School

### Two great ways to support Neighborcare Health.

The Spring Dinner on April 26th – *see inside* - and **GiveBIG** on May 10th



The Seattle Foundation's **GiveBIG** is a one-day, online charitable giving event to inspire people to give generously to nonprofit organizations who make our region a healthier and more vital place to live.

Last year **Neighborcare Health served almost 71,000 of our low income neighbors**, regardless of their ability to pay. Your gift provides security and hope for all members of our community.

Donors will be eligible for random drawings for Golden Tickets, which include an extra \$1,000 for the recipient of the Golden Ticket winner's contribution!

**To Make Your GiveBIG donation on Wednesday May 10th go to [www.neighborcare.org](http://www.neighborcare.org) and click the GiveBIG image, or search for **Neighborcare Health** at [www.seattlefoundation.org](http://www.seattlefoundation.org).**

See inside to learn about our fabulous Spring Dinner April 26th!

To make a gift to provide health care to those who have difficulty accessing care, send your donation in the enclosed envelope, call us at 206.548.3260, or donate online at [www.neighborcare.org](http://www.neighborcare.org).